A culturally and contextually competent whole-school approach to mental health and wellbeing requires 'culturally proficient' leadership. Cultural proficiency involves 'honouring the differences among cultures, viewing diversity as a benefit, and interacting knowledgeably and respectfully among a variety of cultural groups'. Cultural proficiency in leaders, contributes to establishing safe, supportive and productive school environments conducive to both mental health and wellbeing and learning.

Lindsay, R. (2005), The Culturally Proficient School, An Implementation Guide for School Leaders, Corwin USA.





Social Inclusion Access & Equity

"Catholic ethos espouses the building of inclusive Catholic school communities informed by social justice and fostering strong partnerships with parents and the broader community to meet the needs of all young people."

CEOM Student Wellbeing Research Document 1 – Revised Edition October 2008



"Like slavery and apartheid, poverty is not natural.

It is man made and it can be overcome and eradicated by the actions of human beings. And overcoming poverty is not a gesture of charity. It is an act of justice.

It is the protection of a fundamental human right, the right to dignity and a decent life"

Nelson Mandela, 1986



If a man who was rich enough in this world's goods saw that one of his brothers was in need, but closed his heart to him, how could the love of God be living in him?

1 John 3:17

You are not making a gift of your possessions to the poor person. You are handing over to him what is his. For what has been given is for the use of all, you have arrogated to yourself. The world is given to all, and not only to the rich.

St Ambrose



All justice is concerned with community, and the fair balancing of community needs with individual needs.

The words of the prophet Micah call us to do three things: 'Hear then is what God asks of you:

To act justly

To love tenderly

To walk humbly with your God

Micah 6:8

Prayer for Social Justice

Gathered together, let us call to mind God's blessings and ask God to hear our prayers.

The Spirit of the Lord is upon me
Because he has anointed me to bring good news to the poor
He has sent me to proclaim release to captives
And recovery of sight to the blind
To let the oppressed go free
To proclaim the year of the Lord's favour
(Luke 4:18-19)

The work for social justice is an integral part of the mission of the Church. May your spirit guide us on the way of honest dialogue and freedom and life for all

Lord Hear Us

All: Lord, hear our prayer

May your spirit lead us on the journey of blessings shared with all on the journey of educational opportunity for all children on the adventure of research and study that helps all men and women on the road to meaningful work

Lord Hear Us

All: Lord, hear our prayer

May your spirit help us to speak up with courage to be a voice for the voiceless to share what we have and what we are to offer a message of liberation and life

We make this prayer through Christ our Lord, Amen

